

NAME: _____

SETEBAID SERVICES[®] INC. ON-LINE TRAINING FOLLOW-UP
RETURNING STAFF

Please download and print the following sheets. Answer the questions to the best of your ability and MAIL THE COMPLETED FOLLOW-UP TO THE SETEBAID SERVICES[®] OFFICE.

WITHOUT THIS SHEET IN YOUR PERSONELL FILE YOU WILL BE REQUIRED TO ATTEND EXTRA TRAINING AT CAMP. This is a follow-up for returning staff only.

*This training and follow-up is part of ACA required training for all camp staff.

Chapter 1: Administrative

1. Please list 2 goals of Setebaid Services[®] Programs:

A.

B.

2. Customer Service is vital to maintaining attendance levels at our programs. What are some Customer Service tips for staff?

A.

B.

C.

3. Each staff member will receive a performance evaluation completed by their supervisor following camp. This will help determine whether staff will return to a program the following year.

True False

4. All our programs are co-educational. This means that:

A. Staff is expected to act in a mature, age appropriate manner

B. Males should stay out of female areas and vice versa

C. Staff should follow established curfew times

D. All of the above

5. Staff is discouraged from bringing personal possessions to camp (unless requested by the Camp Director). Setebaid Services[®] is not responsible for lost or stolen personal possessions (unless requested).

True False

6. All forms of tobacco and alcohol use are permitted at Setebaid Services'® programs.
True False
7. Camper supervision is of the utmost importance at all programs. If counselors feel they need a break, what should they do?
8. Who is authorized to release information about campers?
- A.
- B.
9. Staff is expected to dress appropriately. Why should staff avoid liberal dress while at camp?
10. Sexual harassment is an extremely important issue. Should a staff member feel they are being harassed, whether listed in the personnel policies or not, whom should they report to immediately?

Chapter 2: Intro to Camping; History; Purpose of Programming

1. What is the program philosophy of Setebaid Services'® Inc.?
2. The purpose of our camping programs is to allow people with diabetes to participate in a normal camping experience, while maintaining safe glycemic control.
True False
3. Name 2 goals of diabetes camping:
- A.
- B.

4. Medical care goals and objectives are implemented by allowing the camper to learn self glucose monitoring, insulin administration, and dosing adjustments.

True False

5. How are the goals of activity areas implemented?

6. Social interaction goals are implemented in what ways?

- A. Opportunity for decision making
- B. Participation in a camp community
- C. Participation in chores and housekeeping
- D. All of the above

7. HDYC STAFF ONLY: When and why was the first Harrisburg Diabetic Youth Camp founded?

8. HDYC STAFF ONLY: Who are 3 of the founders of the HDYC?

- A.
- B.
- C.

7. CAMP SETEBAID® STAFF ONLY: When and why was Camp Setebaid® founded?

8. CAMP SETEBAID® STAFF ONLY: Who are the 3 founders of Camp Setebaid®?

- A.
- B.
- C.

Chapter 3: Camp Staff

1. As an organization, we expect staff to serve whom?

2. Every staff member has their own talents and experiences. Each staff member is expected to contribute to the camp program in some way.
True False

3. Staff members need to be:
 - A. Positive
 - B. Enthusiastic
 - C. Helpful
 - D. All of the above

4. Name 2 responsibilities a counselor or any staff member has toward other counselors of staff members:
 - A.
 - B.

5. Name 2 responsibilities a counselor or any staff member has towards campers:
 - A.
 - B.

Chapter 4: Campers

1. Problem children at camp can be aggressive, withdrawn, daydreamers, and self-worshippers.
True False

2. Name 2 ways to help children such as those from question 1.
 - A.
 - B.

3. Homesickness usually occurs on the _____ or _____ day of camp.

4. Give 2 ways to help a homesick camper.

A.

B.

5. Give 2 suggestions to help a camper get through their 1st or 2nd night.

A.

B.

6. Giving up, bedwetting, sickness, and lying are ways campers could be dealing with _____.

Chapter 5: Medical & Nutrition Philosophy

1. Hypoglycemia is:

- A. Low blood sugar
- B. Result of too much insulin
- C. Not enough carbohydrate consumption
- D. All of the above

2. What are 3 of the symptoms of hypoglycemia in most children?

A.

B.

C.

3. The 3 levels of hypoglycemia are feeling low, non-recognition of a low, and having a seizure.

True False

4. Correct treatment of a low blood sugar is:

- 1. Check camper's blood sugar
- 2. Treat camper with 15g of carbohydrate if sugar is below 80
- 3. Check camper's blood sugar 15 minutes later

True False

5. A high blood sugar (hyperglycemia) should be checked for ketones if the reading is over 250.

True False

6. Mandatory blood glucose checks occur during which 4 times of the day:

- A.
- B.
- C.
- D.

7. A main goal for all campers is to gain independence and more responsibility for their diabetes management while at camp (both medically and nutritionally).

- True False

8. ALL diabetes management (blood glucose checks, insulin administration, etc.) must be recorded on the camper's medical chart.

- True False

9. All counselors should be well supplied with low supplies at all times; at camp these supplies consist of:

- A. Cola, snickers bar, graham crackers
- B. Glucose tabs, juice, crackers
- C. Diet soda, banana, side salad
- D. Happy Meal