

Setebaid Services[®], Inc.

HDYC Counselor-in-Training Program

Please read carefully to ensure you have a good understanding of the CIT Program.

General Description

The CIT Program provides participants with the skills and knowledge they will need to become camp counselors. Participants are legally considered minors, but go through a training program and then have increased responsibilities and privileges.

Requirements

Applicants who are at least 17 (but do not turn 18) years of age by the start of the HDYC, who have Type 1 diabetes mellitus, have an interest in working with children, like the outdoors, and are positive role models with regard to their diabetes and life in general are encouraged to apply. Participants are selected from a pool of applicants; those who are qualified and show a sincere interest in becoming a future counselor are selected.

Program Content

The goal of the CIT Program is to have participants develop leadership skills in various areas including camp crafts, nature, interpersonal relationships, child development, child psychology, and diabetes management. Participants will focus on team building skills, program development, program implementation, problem solving, communication, responsibility, and more!

Program Length

Selected applicants will attend the training or “classroom” program during camp. The participants will participate in a training session every evening to learn the different roles of serving as a counselor, drawing from the day’s experiences and observations.

Housing

CITs are housed in the youngest cabins of their gender with a Head Counselor and other Mentor Counselors.

Costs

The cost for the Program is \$500.00. If accepted, an invoice will be sent and money will be remitted directly to Setebaid Services, Inc. Financial Assistance is not available for the CIT Program through Setebaid Services. If you are in need of financial assistance, you are encouraged to seek out local civic clubs or other donors.

Evaluation

Participants will be evaluated in all aspects of the program, according to enthusiastic participation, knowledge of diabetes, ability to serve as a role model, and relationship with peers, other staff, and campers.

Diabetes Management

Participants have increased input into the management of their own diabetes. However, our medical staff and the senior camp staff monitor their health and well being. Participants must be willing to accept guidance offered by the camp staff. Although blood sugar readings are not included in the overall evaluation of a CIT, the willingness to work at being a healthy role model is an important part of being an excellent CIT. Participants have increased input into the management of their own diabetes. However, working with our medical staff as a team player is an important quality which better prepares participants to eventually become staff.